

HALF DAY

Wednesday  
and Friday



09:30-12:30



SANTO  
STEFANO DI  
SESSANIO



## AUTHENTIC VILLAGES OF GRAN SASSO

A day surrounded by the landscape, where time seems to have stopped and allow us to discover the charm of Rocca Calascio and Santo Stefano di Sessanio.

**Rate per person**

**Executive fee**

€ 37,00

**Premium fee**

€ 52,00

### Tour:

Appointment with the tourist guide in Santo Stefano di Sessanio: symbol of the "Terre della Baronia", where the Gran Sasso e Monti della Laga Park Institution intended to recover an exceptionally rich heritage of history, culture and traditions. Thanks to the narration of historical facts, legends and myths concerning the ancient medieval village, tourists will have the opportunity to take a step back in time, immersed in the characteristic narrow alleys that once saw as protagonists the exponents of some of the most important Italian noble families of the Renaissance, the Piccolomini of Aragon and the Medici. It will be possible to be immersed in the life of the village that flows at a slow pace and characterized by craft practices: cheese production, cereal processing, natural wool dyeing and bobbin lace creation. Through a panoramic road, starting from the village tourists will take a nature walk to Rocca Calascio, in which they will visit the castle recognized by the National Geographic as one of the 15 most beautiful castles in the world. The return is planned to Santo Stefano di Sessanio, retracing the same panoramic route of the outward journey. Afterwards, those who have booked with the Premium fee, will taste the typical products of the Gran Sasso (meats, cheeses, and a cereal soup).

### Services Included:

- Local tourist guide to visit Santo Stefano and Rocca Calascio;
- Nature walk from Santo Stefano di Sessanio to Rocca Calascio and vice versa that allows to cross the characteristic "open" fields and admire a breathtaking view (about 5 km);
- Tasting of typical products of Gran Sasso, drinks not included for Premium fee.

Information and reservations: [escursioni@meditour.it](mailto:escursioni@meditour.it)

Phone: [085 4325050](tel:0854325050)

Website: [www.meditour.it](http://www.meditour.it)



HALF DAY

Saturday



10:00-12:30



ALBA FUCENS



## 1500 YEARS

We will travel through 1500 years of history, visiting the ancient Roman city of Alba Fucens and the Piccolomini Castle from the Middle Ages.

**Rate per person**

**Executive fee**

€ 42,00

**Premium fee**

€ 57,00

### Tour:

We will visit the remains of the ancient city of Alba Fucens: the most famous Roman city in Abruzzo. It lies at the foot of Mount Velino and was an important center for trade from 304 B.C. - date of its foundation - until the Middle Ages when it was pillaged by the Saracens. Then, we will move to Celano, one of the most important towns of Marsica. It is characterized by the majestic Piccolomini Castle, which raises over the entire valley, once covered by Lake Fucino. The castle today houses a very important collection of sacred art. Finally, those who have booked the Premium tour will reach Ovindoli, a famous ski resort, which lies on the Altopiano delle Rocche, where they can taste typical products and wines of Abruzzo.

### Services included:

- Local tourist guide to visit Alba Fucens;
- Local tourist guide to visit Celano;
- Admission ticket to the Piccolomini Castle in Celano;
- Tasting of typical products and DOC wines and Abruzzese artisan liqueurs in a typical restaurant, in the Premium Fee.

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HALF DAY

Wednesday



09:00-12:30



VILLA SANTA  
MARIA



## CHEF FROM ABRUZZO

Day dedicated to the discovery of the village, where St. Francis Caracciolo, protector of cooks, was born. An experience that will lead you to taste the gastronomic excellences that arise naturally in these places.

**Rate per person**

**Executive fee**

€ 32,00

**Premium fee**

€ 57,00

### Tour:

Going back up the valley of the Sangro river it is possible to reach Villa Santa Maria, a village anchored to the rock, home of the cooks, where there is one of the oldest and most famous cooking schools in the world. Here an expert guide will lead you to discover the origins and traditions of the town where St. Francis Caracciolo, protector of the cooks, was born. The next step is Borrello, an area known for the truffle harvest, which tourists will taste at a family-owned artisan company. Finally, after a walk you can admire the Rio Verde Waterfalls, the highest natural waterfalls in Italy: three leaps of water for a total of 200 meters. In the end, those who have booked with the Premium fee, will enjoy a typical Abruzzese meal with a tasting menu of fresh truffles (local selection of charcuterie and cheeses, selection of hot appetizers, a typical first course pasta dish of your choice on the menu, water, wine and coffee).

### Services included:

- Local tourist guide to visit Villa Santa Maria;
- Tasting of truffles at a local company;
- Dinner or lunch with tasting menu based on fresh truffle, in a typical restaurant in the Premium fee.

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HALF DAY

Friday



09:00-13:00



CHIETI



## THE MARRUCINI

We will guide you through history, from the Marrucini, first enemies and then faithful allies of Rome, to the present day, discovering Chieti, one of the most ancient art cities in Italy.

**Rate per person**

**Executive fee**

€ 37,00

**Premium fee**

€ 62,00

### Tour:

Chieti, the ancient Roman Teate, is a city of remarkable beauty. Our journey will begin with a visit to the National Archaeological Museum, which preserves the most important archaeological collection in Abruzzo, including the well-known Warrior from Capecstrano. The visit to the old town will follow the elegant Corso Marrucino, up to the Tempietti Romani, the Marrucino Theater and the Cathedral of San Giustino. In the end, tourists will visit the Costantino Barbella Art Museum, which preserves in its three sections the city heritage from the Middle Ages to the present day. The excursion will end with a typical lunch or dinner in a restaurant in the Premium fee.

### Services included:

- Local tourist guide to visit Chieti;
- Typical lunch or dinner in a restaurant (drinks not included) in the Premium fee.

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**HALF DAY**

**Tuesday**



**16:00-18:30**



**ATRI**



## **DON QUIXOTE AND THE DUKES OF ACQUAVIVA**

A fascinating day trip, where you can not only admire the architectural beauties of the city of Atri, but you will also discover the connection between Don Quixote and the Dukes of Acquaviva.

**Rate per person**

**Executive fee**

€ 29,00

**Premium fee**

€ 54,00

### **Tour:**

Atri is a village rich in history and culture, just a few steps from the sea. In this pre-Roman village, the past and the present blend together without creating any kind of contrast. Atri owns splendid monuments: one of the best examples of Abruzzo architecture is the Atri Cathedral (Cattedrale dell'Assunta). The Church of San Nicola di Bari, Sant'Agostino, Palazzo dei Duchi Acquaviva, the Teatro Comunale are other monuments that enrich the characteristic historical city centre. We will discover the connection between the Dukes of Acquaviva and the novel Don Quixote of La Mancha, by Miguel de Cervantes. At the end of our walk through the city, we will enjoy a sweet moment, tasting licorice and the Panducale. Those who have booked with the Premium fee, can enjoy a typical Abruzzo meal in the restaurant; drinks are not included.

### **Services included:**

- Local tourist guide to visit Atri;
- Tasting of licorice and Panducale, typical dessert of Atri;
- Typical dinner or lunch (drinks not included) in a typical restaurant in the Premium fee.

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FULL DAY

Thursday



10:00-17:00



SCANNO



## THE VILLAGE OF LOVE

Tourists will visit Scanno, a village in the heart of Abruzzo where everything speaks of love: the typical jewel, the ancient traditions, the flavors and the shape of nature with its heart-shaped lake.

Rate per person

Executive fee

€ 39,00

Premium fee

€ 64,00

### Tour:

Scanno, one of the most beautiful towns in Italy, is a pearl set at 1000 meters above sea level, on the edge of the National Park of Abruzzo. In the old town, you will visit the symbolic places of the country, photographed by the most important photographers of the '900. Here, you will meet the artisans of bobbin embroidery and the goldsmiths, who for generations have created the famous "Presentosa". After the typical lunch in a restaurant, for those who have booked in the Premium fee, there will be a sweet moment to taste the typical desserts of Scanno: Pan del'orso and the mostacciolo. In the afternoon, you will enjoy your time on the Lake Scanno. Here, you can do different activities: pedal tours, lake tour by bike or alternatively you can climb the hiking path called "del cuore", which leads to a panoramic point from which you will see Lake Scanno, which has the shape of a heart.

### Services included:

- Local tourist guide to visit Scanno;
- Tasting of typical Scanno desserts in a historic pastry shop;
- Typical lunch, drinks not included, in the restaurant in the Premium fee.

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HALF DAY

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09:00-13:00



VASTO



## THE NATURAL RESERVE AND THE BRODET

Visit of Vasto, pearl of the Adriatic where you can enjoy a true natural paradise: "the Reserve of Punta Aderci" one of the most beautiful beaches in Italy. You will taste the typical dish of the place, "Il Brodetto alla Vastese" in an authentic seafood restaurant.

Rate per person	Executive fee	Premium fee
	€ 32,00	€ 70,00

### Tour:

Walking through the city of Vasto, the tourist guide will take you on a real journey through time: the remains of the Roman era blend with the medieval fortifications. The Caldora Castle, the church of Santa Maria Maggiore, the Palazzo d'Avalos and the façade of San Pietro will help us tell the story and the evolution of the city. Afterwards, we will move (in autonomy and by car) to the Natural Reserve of Punta Aderci. Here, after having crossed vineyards and wheat fields, we will reach the promontory overlooking the crystalline sea. Finally, you will reach a trattoria to taste the house specialties: the brodet of Vasto in the Premium fee.

### Services included:

- Local tourist guide to visit Vasto;
- Lunch in a trattoria, where the typical dish "The Brodet of Vasto" will be served in the Premium price (drinks excluded).

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FULL DAY

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10:00-17:00



FARA SAN  
MARTINO



## THE NAME OF THE ROSE IN ABRUZZO

An tour, with which you discover places of unquestionable charm, such as the Castle of Roccascalegna and the gorges of Fara San Martino, where part of the filming of the fiction "The Name of the Rose" from the homonymous novel by Umberto Eco were filmed.

Rate per person

Executive fee

€ 33,00

Premium fee

€ 58,00

### Tour:

The tour starts with the visit of the Benedictine abbey of San Martino in Valle, which lies beyond the Gorges of San Martino, an amazing canyon carved into the rock, immortalized in the Rai series "The Name of the Rose". Then, we will walk in the village of Fara San Martino, home of Abruzzo pasta. In the afternoon we will visit the Castle of Roccascalegna, appeared in the TV series called "Distaccamento del comando imperiale in Toscana" developed around a Longobardic tower, built sheer on a rock. It is a place, where it is possible to admire unspoiled landscapes and to discover the ancient legend of the castle. After visiting Fara San Martino, those who have booked with the Premium fee, will have a typical lunch in the restaurant.

### Services included:

- Local tourist guide to visit San Martino in Valle and Fara San Martino;
- Entry ticket to the Roccascalegna Castle;
- Local tourist guide to visit the Roccascalegna Castle;
- Typical lunch in the restaurant in the Premium fee (drinks not included).

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HALF DAY

Wednesday



10:00-12:30



CASTELLI



## THE CITY OF CERAMICS

There is a village at the foot of the Gran Sasso, where the art of ceramics has always been the main activity: Castelli.

Rate per person	Executive fee	Premium fee
	€ 32,00	€ 57,00

### Tour:

The manufacturing of ceramics is a tradition that goes on from the fifteenth century in Castelli: a city that has been able to make the most to make the best use of the resources of its own territory, which boasts the presence of clay quarries, beech forests and streams of water. You will visit the shops and the artisans will explain you which are the steps that lead to the creation of the ceramic product. After a walk in the village, counted among the most beautiful in Italy, we will move to the church of San Donato known as the "Sistine" of majolica. Here, the ceiling covering is composed of majolica bricks, dated back between the 16th and 17th centuries. For those who have booked with the premium fee, the morning ends with the typical lunch in a restaurant.

### Services included:

- Local tourist guide to visit Castelli;
- Visit of an artisan laboratory for the processing of ceramics;
- Typical lunch in a restaurant in the Premium fee (drinks not included).

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FULL DAY

Tuesday and  
Thursday



09:30-18:00



GOLE DI SAN  
MARTINO



## MAIELLA NATIONAL PARK

A day of nature and taste immersed in the countryside to discover the stone jewels of Maiella.

**Rate per person**

**Executive fee**

€ 44,00

**Premium fee**

€ 69,00

### Tour:

A pleasant walk through the narrow Gorges of San Martino will lead you to discover the eastern Maiella and the Vallone di Santo Spirito, controlled by the Mole of San Martino in Valle, an ancient Benedictine abbey set in the rock. Immersed in the colors of nature you will continue the walk along the river park, called "Sorgenti del Verde". Moreover, you will enjoy a lunch of typical products, in a typical restaurant, in the Premium fee. In the afternoon, an expert guide will be waiting for you in Guardiagrele, the "stone city" praised by d'Annunzio. The tourist guide of the city will bring you into contact with the ancient artisan tradition of the city, still dedicated today to the processing of gold, copper and wrought iron. Finally, we suggest that you taste the soft "sise delle monache", a typical dessert with an eternal taste. Excursion clothing: t-shirt, sweatshirt, hat, walking shoes.

### Services included:

- Local tourist guide to visit the natural Gorges of di San Martino and the river park, called "Sorgenti del Verde";
- Local tourist guide to visit the Art village of Guardiagrele;
- Lunch, based on typical products of the Maiella National Park in a restaurant, in the Premium fee (drinks not included).

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HALF DAY

Thursday



17:00-19:30



CIVITELLA DEL  
TRONTO



## KINGDOM OF THE TWO SICILIES

The emotions of the past in the Bourbon Fortress of Civitella del Tronto in a landscape that ranges from the green of the Gran Sasso to the blue of the Adriatic.

Rate per person	Executive fee	Premium fee
	€ 28,00	€ 63,00

### Tour:

An unforgettable experience, going up the village of Civitella del Tronto, passing through the "Ruetta" one of the narrowest alleys in Italy and finally reaching one of the largest fortresses in Europe: 25,000 square meters of history and military architecture wrapped in a panoramic setting between Abruzzo and Marche Region. Afterwards, those who have booked with the "Premium" fee, will move to one of the best restaurants in Abruzzo to enjoy a gourmet lunch or dinner.

### Services included:

- Guided tour to the village and the Bourbon Fortress of Civitella del Tronto;
- Entry to the Bourbon Fortress;
- Gourmet lunch or dinner with tasting menu, drinks not included, in a historic restaurant on the panoramic square of Civitella in the Premium fee.

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HALF DAY

Saturday



09:30-12:30



PESCOCOSTANZO



## BOBBIN LACE

To the discovery of an art village among the best preserved of the Abruzzo mountains, where you will appreciate the fine Bobbin Lace Craftsmanship and the ancient beechwood of the Sant'Antonio forest.

Rate per person

Executive fee

€ 32,00

Premium fee

€ 57,00

### Tour:

Pescocostanzo is certainly one of the best-preserved villages of Abruzzo, bearing the signs of what was a large and well-organized reconstruction of the town, mostly made by the Lombard workforce. Inside the churches and on the facades of noble palaces, you will admire the main aspects of 18th century artistic craftsmanship. You will visit the Bobbin Lace Museum, where you will discover, at first hand, this ancient and precious embroidery art. Since 1992, the Municipal Bobbin Lace School has been established with the aim of handing down knowledge, practice and tradition. In the end, you will move to the Bosco di Sant'Antonio, an ancient and sacred beech forest originally dedicated to Jupiter, celebrated by Ermanno Olmi in the film Mille anni. You will visit it and an animal husbandry on a nearby farmhouse and those who have booked with the Premium fee will enjoy a typical lunch or dinner in Abruzzo.

### Services included:

- Local tourist guide to visit Pescocostanzo;
- Visit of a farmhouse;
- Typical dinner or lunch in a farmhouse in the Premium fee.

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FULL DAY

Tuesday



10:00-17:00



GROTTE DI STIFFE



## TIME TRAVEL

Imagine entering the time machine and being able to retrace through the places, the prehistory, the Romanization and the medieval era.

Rate per person

Executive fee

€ 58,00

Premium fee

€ 83,00

### Tour:

In the prehistoric age in the valley of L'Aquila there was a large lake. Once it disappeared a river emerged, which had carved out an underground path that can be visited today: the Stiffe caves, where salt with dripstones concretions alternate with spectacular waterfalls. The journey continues in the direction of Prata d'Ansidonia where you will visit an ancient city: Peltuinum, crossed by the Via Claudia Nova which then became the tratturo magno. It was a garrison of the Vestino people and was later occupied by the Romans, who transformed it into a prefecture. Those who have booked with the Premium fee, will taste in a farm the peculiarities of the place and the DOP saffron of L'Aquila, a precious spice not by chance known as "Abruzzo red gold". In the afternoon, you will visit in a small fraction of 60 inhabitants, one of the most famous medieval monuments of Abruzzo: the abbey church of Santa Maria Assunta and the oratory of San Pellegrino, a treasure chest entirely frescoed in the XIII century.

### Services included:

- Entrance with guided tour of the Stiffe Caves;
- Local tourist guide to visit Peltuinum and Bominaco;
- Dinner or lunch with DOP saffron-flavored dishes of L'Aquila in the Premium price (drinks not included).

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HALF DAY

Friday



10:00-12:30



SANTA MARIA  
DI  
PROPEZZANO



## THE BLESSED WINE

We will tell you the history of the abbey of Santa Maria di Propezzano and we will make you travel back to the XV century, when the Benedictine monks carried out the first winemaking in this place.

**Rate per person**

**Executive fee**

€ 36,00

**Premium fee**

€ 60,00

### Tour:

The church of Santa Maria di Propezzano was part of the homonymous abbey, that belonged to the order of the Benedictine fathers. According to tradition, the building was built starting from 715, the year in which the dogwood miracle occurred narrated and illustrated in a fresco inside the church. After visiting the church, you can walk among the adjacent vineyards and then move to the cloister where the "Abbazia di Propezzano" winery is located. In these areas, the first winemaking by the monks took place, which seems to date back to the 15th century. You will visit these timeless places, tasting them local wines and oil. The excursion will end with a typical lunch or dinner in a restaurant in the Premium fee.

### Services included:

- Local tourist guide to visit the abbey of Santa Maria di Propezzano;
- Visit of the vineyards and the winery of the Abbey of Santa Maria di Propezzano and tasting of DOC wine and extra virgin olive oil;
- Typical dinner or lunch in a restaurant, in the Premium fee (drinks not included).

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HALF DAY

Monday



09:00-12:30



LANCIANO



## THE CITY OF MIRACLE

Visit one of the most beautiful art cities in Abruzzo: Lanciano, the ancient city of merchants, where the first Eucharistic miracle in the history of Christianity took place.

**Rate per person**

**Executive fee**

€ 40,00

**Premium fee**

€ 65,00

### Tour:

Tourists will discover the history of Lanciano and visit its masterpieces: the tour will begin at the Torri Montanare, crossing then the district of Civitanova, where the church of Santa Maria Maggiore can be admired in its Cistercian style. Going down the "Cento scale" (One hundred stairs), there is Piazza Plebiscito and from here it is possible to enter the district of Lancianovecchia, the oldest inhabited center of the city. After visiting Sant'Agostino and the medieval shops, tourists will enter the archaeological path of the Diocletian bridge and then find themselves in the ancient church of San Legonziano (today St. Francis), where the first Eucharistic miracle in the history of Christianity took place. Back in the square, there is the Cathedral of Santa Maria del Ponte and finally, after this long walk, it is possible to taste the typical dessert of the Frentano Castel: "Il Bocconotto". In the end, those who have booked with the Premium fee can enjoy a typical Abruzzo meal.

### Services included:

- Locale tourist guide to visit Lanciano;
- Tasting of typical dessert "Il Bocconotto";
- Typical dinner or lunch in a typical restaurant in the Premium fee (drinks not included).

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HALF DAY

Monday and  
Wednesday



17:00-19:30



SAN  
GIOVANNI IN  
VENERE



## TRABOCCHI COAST

A tour on the Adriatic Sea to admire the charm of the Trabocchi Coast and dive in art and traditional flavours.

Rate per person

Executive fee

€ 37,00

Premium fee

€ 62,00

### Tour:

You will discover one of the most enchanting coasts of Abruzzo, which has fascinated poets and painters for centuries. The guide will be waiting for you at the Benedictine abbey of San Giovanni in Venere, the most suggestive of the region, which overlooks the romantic Gulf of Venus. You will get to know the Trabucchi, old fishing machines. While enjoying a cocktail, a fisherman will explain the use of this tool suspended on the water. The tour will end with a lunch or dinner at the fishing village of Marina di San Vito, with an immersion in the typical flavours of the ancient seafood recipes in the Premium fee.

### Services included:

- Local tourist guide to visit the San Giovanni Abbey in Venus;
- Visit of the Trabucco, an old fishing machine;
- Cocktail on the Trabucco;
- Typical fish-based lunch or dinner in a typical restaurant in the seaside village of San Vito Marina in the Premium fee (drinks not included).

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**HALF DAY**

**Tuesday**



**10:00-12:30**



**PESCARA**



## THE GREAT BEAUTY

We will take you to Pescara, the city that gave birth to Gabriele D'Annunzio, who was an esthete, writer and lover of "great beauty" and loved to live in luxury and above his possibilities.

**Rate per person**

**Executive fee**

€ 42,00

**Premium fee**

€ 67,00

### Tour:

The tour to discover the city of Pescara will start from a symbolic place: the D'Annunzio house museum, where the poet and writer Gabriele d'Annunzio was born and spent his childhood. It will be an opportunity to admire important art works of Abruzzo, which date back to the late nineteenth century. Afterwards, you will visit the Cathedral of San Cetto, where it is possible to admire the funeral monument of Luisa de Benedictis, mother of d'Annunzio. You will see the remains of the church of Santa Gerusalemme, proceeding along the two parallel streets of Corso Manthonè and Via delle Caserme, flanking the building of the Bourbon barracks reaching Piazza Unione, where you will be impressed by the monument dedicated to Ennio Flaiano. Those who have booked with the Premium fee, can enjoy a typical Abruzzo meal in the restaurant, drinks not included.

### Services included:

- Local tourist guide to visit Pescara;
- Entrance to the Gabriele D'Annunzio House Museum;
- Typical dinner or lunch, drinks not included, in a typical restaurant in the Premium fee.

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HALF DAY

Wednesday



15:30-19:30



L'AQUILA



## THE REBITH OF THE CITY OF L'AQUILA

L'Aquila, although still wounded by the devastating earthquake of 6 April 2009, shines again with the magnificence and noble features of the past.

**Rate per person**

**Executive fee**

€ 37,00

**Premium fee**

€ 62,00

### Tour:

L'Aquila returns to shine with its old city center, which is one of the six most important centers in Italy for the beauty of its architectural heritage: the tourist guide will lead you, starting from the park of the 16th century Castle to discover the extraordinary history of the foundation of L'Aquila. Monuments seem to describe the story of a population that never gives up. You will visit the restored monuments: the Basilica of San Bernardino, the Church of Santa Maria del Suffragio, also called Church "of the blessed souls"; and San Giuseppe Artigiano. Before reaching the Basilica of Santa Maria di Collemaggio, you will taste the soft chocolate nougat in a historical café. Finally, after a short trip by car, you will visit the most important monument of the city: the Fountain of "99 Spouts". Those who have booked with the Premium fee, will conclude the tour with a typical lunch or dinner in a restaurant.

### Services included:

- Local tourist guide to visit L'Aquila;
- Tasting of soft chocolate nougat in a historical café;
- Typical dinner or lunch in a restaurant in the Premium fee (drinks not included).

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FULL DAY

Monday



09:30-15:00



SANTA MARIA  
D'ARABONA



## TYPICAL ABRUZZESE COOKING SCHOOL

A tour on the hills around Pescara, that offer wonderful views of the countryside and on Majella. A mix between art visits and the experience of the typical Abruzzese cooking class.

Rate per person

Fee

€ 65,00

### Tour:

On the hills around Pescara there is the abbey of Santa Maria d'Arabona, one of the best- preserved Cistercian structures: the abbey of Santa Maria d'Arabona is an example of Gothic art, surrounded by a park that is a haven of peace. And not many kilometers away, in an ancient, completely renovated farmhouse there is Giulia, who will teach you, together with her staff, the secrets of homemade pasta: you will have the opportunity to get your hands on pasta and taste, then, the fruits of your work.

### Services included:

- Local tourist guide to visit the abbey of Santa Maria d'Arabona;
- Typical Abruzzese cooking class;
- Lunch, drinks included. Tasting of typical products, prepared during the cooking course.

Information and reservations: [escursioni@meditour.it](mailto:escursioni@meditour.it)

Phone: [085 4325050](tel:0854325050)

Website: [www.meditour.it](http://www.meditour.it)



FULL DAY

Tuesday and  
Friday



16:00-19:00



LORETO  
APRUTINO



## WINE AND OLIVE OIL ROADS

In contact with the typical products of Abruzzo, between medieval architecture and characteristic alleys in a hilly landscape, made enchanting by vineyards and olive groves. Peasant taste and tradition during the two oil tastings in an oil mill and wine tasting in a cellar.

Rate per person

Executive fee

€ 44,00

Premium fee

€ 65,00

### Tour:

Through delightful streets lined with vineyards and olive groves, you will reach Collecervino. Here, you will visit an important winery, tasting D.O.C. wine, produced and appreciated all over the world. Afterwards, you will visit Loreto Aprutino, the oil city, where an expert guide will accompany you to discover the village and its monuments. An olive oil master will explain the techniques of olive cultivation and extraction and will make you taste the "Aprutino-Pescarese" extra-virgin olive oil, which obtained the D.O.P., the protected designation of origin. For those who have booked the tour with the Premium fee, the day will end with a lunch or dinner based on the typical arrosticini in a typical restaurant.

### Services included:

- Local tourist guide to visit Loreto Aprutino;
- Tasting of Extra Virgin Olive Oil D.O.P. in an oil mill;
- Tasting in a cellar of DOC wines;
- Lunch or dinner based on the typical arrosticini of Abruzzo (skewers of sheep meat cooked on the grill) in the Premium fee (drinks not included).

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FULL DAY

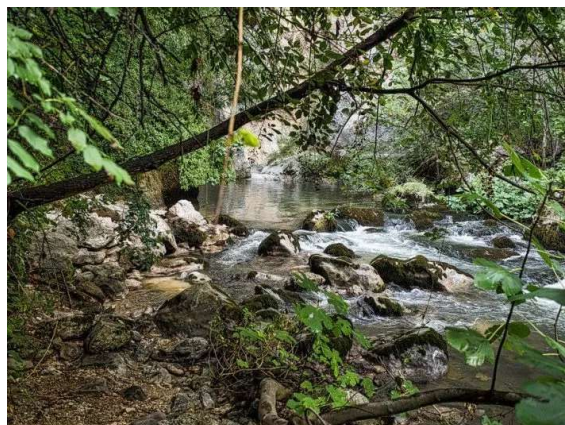
Monday and  
Saturday



10:00-17:00



SULMONA



## LOVE TOUR

A day in the Peligna valley to experience the history of the city of Sulmona, which gave birth to Ovidio the poet of Love and visit Scanno, the village of goldsmiths who make the typical jewel "La Presentosa".

**Rate per person**

**Executive fee**

€ 36,00

**Premium fee**

€ 61,00

### Tour:

A relaxing walk, accompanied by an expert guide, in the old town of Publio Ovidio Nasone, will make you passionate about the history and art of Sulmona, known for its tasty sugared almonds that you can taste in the colorful shops on the main street. Afterwards, you will move to Scanno crossing the suggestive and spectacular Sagittario Gorges. Here, you will have a typical lunch in a restaurant in the Premium fee. In the afternoon, you will enjoy a free walk through the streets of the village, where you can meet, even today, the ladies who wear the ancient Scannese costume. You will visit two realities between tradition and innovation: a goldsmith's workshop and a shop that makes bobbin laces.

### Services included:

- Local tourist guide to visit Sulmona;
- Visit to a bobbin embroidery studio;
- Visit to a goldsmith's studio;
- Lunch in a restaurant based on typical Scannese products, in the Premium fee (drinks not included).

Information and reservations: [escursioni@meditour.it](mailto:escursioni@meditour.it)

Phone: [085 4325050](tel:0854325050)

Website: [www.meditour.it](http://www.meditour.it)



## EXTRACT OF THE GENERAL CONDITIONS

**1. PURCHASE PROPOSAL - RESERVATION** The sale contract proposal of the tourist package is accepted in accordance with the availability of seats and is considered completed, with the consequent conclusion of the contract, only when Meditour S.r.l. will send to the tourist, the confirmation, also by telematic system. All excursions are possible with a minimum of 2 participants.

**2. PAYMENTS** 1. The entire participation fee must be paid at the moment of the reservation.

**3. PRICE** The price of the tour package includes the "included services" in the program. The price of the tourist package does not include all those services not expressly indicated in the "included services" in the program. Children can benefit from the following reductions: Children up to 2 years of age 100%; children from 3 to 10 years 50% discount.

**3. WITHDRAWAL OF THE TOURIST** 1. The tourist who withdraws from the contract before departure must pay a penalty in case of:

- a) withdrawal up to 2 days before the start of the journey 10%;
- c) withdrawal the day before the start of the journey 50%;
- f) no refund is due to the tourist who does not show up on the day of the start of the trip.

**4. TOURIST INFORMATION - TECHNICAL DATA SHEET** Technical organization: Meditour Srl, Strada Colle Renazzo 40/8 - 65129 Pescara - Licence Province of Pescara No. 2244 of 07.09.1998 - Insurance Policy No. 51943671 with the Company "Assicurazioni Generali" for civil liability pursuant to art. 50 of the Code for Tourism (Legislative Decree No. 206/2005). - Valid from 01.06.2019 to 31.05.2019. - Launch Date June 2019 - Publication carried out in accordance with the Abruzzo Region Law No. 1 dated 12.01.1998.

(The whole text of the general conditions of participation is available on the internet site [meditour.it](http://meditour.it))